



Integrated Health Solutions

Welcome to Healing Horizons Integrated Health Solutions

INFORMED CONSENT FOR FACIAL ACUPUNCTURE

Thank you for choosing Healing Horizons. We look forward to providing quality healthcare in order to assist you in achieving your health-related goals. In order to serve you as efficiently as possible, please answer all of the following questions and read and sign all forms. All information will be held in the strictest of confidence.

Name _____ Age _____ DOB _____ M F Marital Status _____ Phone _____

Address _____ City/State _____ Zip _____

Cell _____ If we may send you information, please provide your email _____

Occupation _____ Emergency Contact _____ Relation _____ Phone _____

Who referred you to Healing Horizons? _____ May we thank him/her? Y N

Facial acupuncture is not a surgical procedure. It is important that you read the following information carefully and completely. Please initial where indicated acknowledging that you have read the information and then sign the consent for facial acupuncture treatments, as proposed by April L. Schulte-Barclay, DAOM, LAc.

*Acupuncture facial treatment involves the insertion of acupuncture needles into fine lines and wrinkles on the face and neck to reduce the visible signs of aging. In Oriental medicine, the meridians or pathways of *Qi* (energy) flow throughout the entire body from the soles of the feet up to the face and head; consequently, a facial acupuncture treatment addresses the entire body constitutionally and is not merely “cosmetic.” An acupuncture facial involves the patient in an organic, gradual process, that is customized for each individual. It is no way analogous to, or a substitute for, a surgical “face lift”. A treatment session may confine itself solely to facial acupuncture, or it may be used in conjunction with other procedures.

Please initial _____

* Facial acupuncture can increase facial tone, decrease puffiness around the eyes, as well as bring more firmness to sagging skin, enhance the radiance of the complexion, and flesh out sunken areas. Customarily, fine wrinkles will disappear, and deeper ones be reduced. As this treatment is not merely confined to the face but incorporates the entire body and constitutional issues of health.

Please initial _____

Dr. Schulte-Barclay will evaluate your full health picture and ensure that you are a good candidate for facial acupuncture.

Contraindications include, but may not be limited to:

- Problems with bleeding or bruising
- Severe migraine headaches
- Recent microdermabrasion
- Recent laser treatments
- Botox treatments
- Dermal filler (Restylane, Juvederm, Radiesse etc)
- Cold or flu
- Herpes outbreak

Please initial _____

Every procedure involves a certain amount of risk, and it is important that you understand the risks involved with facial acupuncture. An individual's choice to undergo an acupuncture facial is based upon the comparison of the risk to potential benefit. Although most patients do not experience the following complications, you should discuss each of them with Dr. Schulte-Barclay to make sure you understand the risks, potential complications, and consequences of acupuncture facial.

- **Bleeding:** It is possible, though very unusual, that you may have problems with bleeding during an acupuncture facial. Should post-acupuncture bleeding occur, it will usually only consist of a few drops. Accumulations of blood under the skin may cause a bruise, or *hematoma*, which will resolve itself.
- **Infection:** Infection is very unusual after acupuncture facial. Should an infection occur, additional treatment, including antibiotics, may be necessary.
- **Damage to deeper structures:** Deeper structures such as blood vessels and muscles are rarely damaged during facial acupuncture treatment. If this does occur, the injury may be temporary or permanent.
- **Asymmetry:** The human face is normally asymmetrical. Thus, there can be a variation from one side to the other in the results attained from facial acupuncture treatment.
- **Bruising and puffiness:** There is a possibility of bruising (hematomas), puffiness, blood, tingling, itching, warmth, pain or other symptoms at the site of the needle.
- **Nerve injury:** Injuries to the motor or sensory nerves rarely result from facial acupuncture treatments. Nerve injuries may cause temporary or permanent loss of facial movements and feeling. Such injuries may improve over time. Injury to sensory nerves of the face, neck and ear regions may cause temporary or more rarely permanent numbness. Painful nerve scarring is very rare.
- **Needle shock:** Needle shock is a rare complication after an acupuncture facial.
- **Unsatisfactory result:** There is the possibility of a poor result from acupuncture facial. You may be disappointed with the results.
- **Allergic reactions:** In rare cases, local allergies to topical preparations have been reported. Systemic reactions which are more serious may occur to herbs used during acupuncture facial. Allergic reactions may require additional treatment.
- **Delayed healing:** Delayed wound healing or wound disruption are a rare complication experienced by patients in the aftermath of an acupuncture facial. There is a greater risk for smokers, who frequently have dry, sagging skin, which does not heal as readily as that of non-smokers.
- **Long term effects:** Subsequent alterations in facial appearance may occur as the result of the normal process of aging, weight loss or gain, sun exposure, or other circumstances not related to acupuncture facial. An acupuncture facial does not arrest the aging process or produce permanent tightening of the face and neck. Future facial acupuncture maintenance treatments, or other treatments, may be necessary to maintain the results of acupuncture facial.

Please initial _____

Microneedling is the insertion of very fine needles into the skin for the purpose of rejuvenating the skin.

Contraindications:

- Accutane within 6 months
- scleroderma
- collagen vascular disease
- facial cancer (past and present)
- active bacterial infections
- Botox/facial fillers in the past 2-4 weeks. Treatment is not recommended for patients who are pregnant or nursing.

Precautions:

- keloid or raised scarring, eczema, psoriasis, actinic keratosis, and herpes simplex.
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Please initial _____

Typical side effects include:

- Skin may be pink or red and feel warm like mild sunburn, or tight and itchy. All of which typically subsides within 12-48 hrs.
- Minor flaking or dryness of the skin, with scab formation in rare cases.
- Crusting, discomfort, bruising and swelling may occur.
- Pinpoint bleeding.
- It is possible to have a cold sore flare if you have a history of outbreaks.
- Freckles may lighten temporarily or permanently disappear in treated areas.
- Infection is rare but if you see any signs of tender redness or pus notify our office immediately.
- Hyperpigmentation (darkening of the skin) rarely occurs and usually resolves after a month.
- Permanent scarring is extremely rare.

Please initial _____

Additional care: There are many variable conditions in addition to risk and potential complications that may influence the long-term result from acupuncture facial treatments. Even though risks and complications occur infrequently, the risks cited are the ones that are particularly associated with acupuncture facial treatment. Other complications and risks can occur but are even more uncommon. Should complications occur, other treatments may be necessary. Practice of acupuncture is not an exact science. Although good results are expected, there is no guarantee or warranty, either expressed or implied, on the results that may be obtained.

Please initial _____

Financial responsibilities: I understand payment is due at the time of service and I agree to address any financial concerns with Healing Horizons prior to treatment. Healing Horizons gladly accepts cancellations up to 24 hours in advance without penalty. The first late cancel or missed appointment is without penalty. Subsequent late cancellations or missed appointments will be charged 100% of the scheduled treatment.

Please initial _____

Disclaimer: Informed-consent documents are used to communicate information about the proposed procedure along with disclosure of risks and alternative forms of treatment(s). The informed consent process attempts to define principles of risk disclosure that should generally meet the needs of most patients in most circumstances. However, informed consent documents should not be considered all-inclusive in defining other methods of care and risks encountered. Dr. Schulte-Barclay may provide you with additional or different information which is based upon all the facts in your case and the present state of knowledge within the field of acupuncture. Informed consent documents are not intended to define or serve as the standard of acupuncture. Standards of acupuncture are determined based on all facts involved in an individual case and are subject to change as scientific knowledge and technology advance and as practice patterns evolve. It is important that you read the above information carefully and have all your questions answered before signing the following consent.

Please initial _____

Photo release: I voluntarily consent to having a before and after photo taken and understand that it may be used for promotional purposes. *Please initial* _____

I voluntarily consent to be treated with facial acupuncture by April L. Schulte-Barclay, DAOM, LAc. I have carefully read and I understand all of the above information. I am fully aware of what I am signing.

Signature (Patient/Parent/Guardian)

Date

Rev 2/26/25